



taking on disability together

VOLUNTEER OPPORTUNITIES

SPECIAL EVENTS

- Hot Cider Hustle 5K
 - Volunteers are needed to assist with registration and post-race food and drink and to serve as water station attendants and course marshals. This occurs Saturday, December 1 from 7:00 to 11:00am.

DIRECT SERVICE WITH ADULTS

- Adult Day Services Mentors
 - Buddy up with an adult with a disability and provide support (reading, crafts, games, conversation). Volunteer hours can typically be scheduled between 8:00am and 5:00pm.
- CHEER
 - This program offers themed events for adults with disabilities. CHEER typically occurs on the 2nd Friday of every month from 5:30 to 10:00pm.

CHILDCARE

- Parents' Day Out
 - This program provides care for children with disabilities and their typically developing siblings. It typically occurs every 4th Saturday from 10:00am to 2:00pm.
- Parents' Night Out
 - Similar to Parents' Day Out, this program typically occurs every Friday at rotating locations from 5:30 to 10:00pm.
- Autism Family Resource Center Support Group
 - Staff and volunteers provide childcare during this support group. This typically occurs every 3rd Wednesday from 5:00 to 7:00pm.

GENERAL

- Group service projects are always customizable to your needs and numbers!
- Occupational, physical and speech therapy shadowing
- Repairing and restoring computers for children and adults with disabilities
- Landscaping and maintenance
- Cleaning and sanitizing therapy spaces and toys
- Classroom support (creating materials/crafts, organizing, cleaning)
- Clerical work (inventory, filing, cleaning, organizing)
- Toy and supply drives year-round

CONTACT US

Abby McIntyre | Media & Volunteer Coordinator
amcintyre@eastersealscrossroads.org | 317.466.1000 x2414

Main . 4740 Kingsway Drive . Indianapolis, IN 46205 . p/ 317.466.1000
South . 3215 East Thompson Road . Indianapolis, IN 46227 . p/ 317.782.8888
Industrial Services . 8302 East 33rd Street . Indianapolis, IN 46226 . p/ 317.897.7320
eastersealscrossroads.org . crossroadsindustrialservices.org

